Self-Care & Mobility Coding Decision Tree (from the MDS Manual)

(Recommend laminating to refer to during stand-up meeting to agree on coding)

Decision Tree

Use this decision tree to code the resident's performance on the assessment instrument. If helper assistance is required because the resident's performance is unsafe or of poor quality, score according to the amount of assistance provided. Only use the "activity not attempted codes" if the activity did not occur; that is, the resident did not perform the activity and a helper did not perform that activity for the resident.

START DECISION TREE HERE

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Does the patient/resident complete the activity – with or without assistive devices – by him/herself and with no assistance (physical, verbal/nonverbal cueing, setup/clean-up)? —YES→ **06 – Independent**

NO ↓

Does the patient/resident need only setup/clean-up assistance from one helper? —YES→ **05 – Setup/Clean-up Assistance**

NO ↓

Does the patient/resident need only verbal/nonverbal cueing or steadying/touching/contact guard assistance from one helper? —YES→ **04 – Supervision/touching assistance**

NO ↓

Does the patient/resident need physical assistance – for example lifting or trunk support – from one helper with the helper providing less than half of the effort? —YES→ **03 – Partial/moderate assistance**

NO ↓

Does the patient/resident need physical assistance – for example lifting or trunk support – from one helper with the helper providing more than half of the effort? —YES→ **02 – Substantial/maximal assistance**

NO ↓

Does the helper provide all the effort to complete the activity OR is the assistance of 2 or more helpers required to complete activity? —YES→ **01 – Dependent**