

## **Boone Memorial Health Builds Healthier Communities Through Service**

Boone Memorial Health (BMH) demonstrates its commitment to community through various community wellness programs, events and services including the Walk with Ease Program, a six-week program certified by the Arthritis Foundation. While the program was developed for individuals with arthritis, anyone can participate and benefit from it. The program is free and open to anyone wishing to participate. Also, BMH sponsors various events such as its Annual Health Fair, Drive Through Flu Shot Clinic, Christmas Spirit activities and Blood Drives to name a few. Staff also engage patients and families by addressing their unique concerns related to illness, hospitalization, finances, and insurance, and provide education concerning home and community services that may benefit them upon discharge.