

WV ALTOs in the ED
Monthly Webinar
February 11, 2020

Implementing the Pre-Launch
Checklist

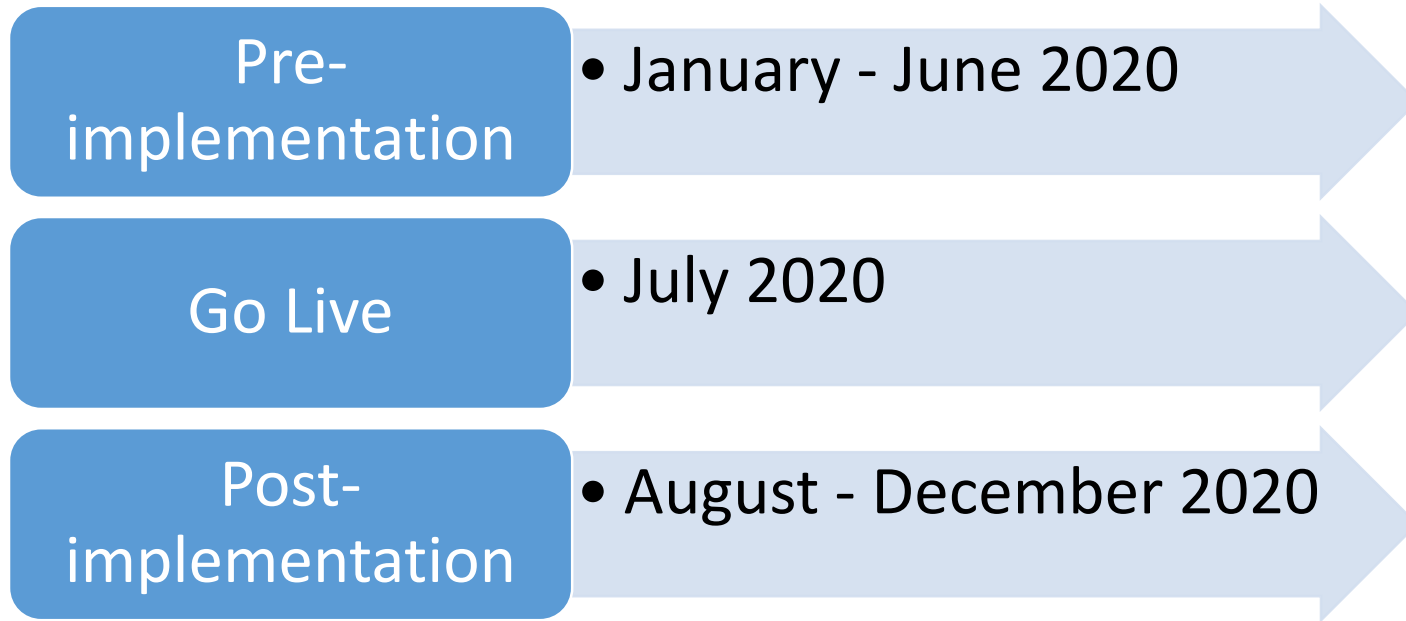
ALTO Approach

- Multi-modal non-opiate approach to analgesia for specific conditions
- Utilize non-opiate approaches as first-line therapy and educate our patients:
 - Opiates will be second-line treatment
 - Opiates can be given as rescue medication
 - Discuss realistic pain management goals
 - Discuss addiction potential and side effects of opioids

ALTO Pilot –ACEP Guidelines

- Pathways:
 - Renal colic
 - Musculoskeletal pain
 - Open fracture/dislocation ALTO Approach
 - Headache/migraine
 - Chronic abdominal pain

Project Timeline



Pre-Launch Checklist

February 2020 (5 months prior):

ALTO Project Leader

- Review the *2017 Colorado Opioid Safety Pilot Results Report*
- Read and understand Colorado ACEP *2017 Prescribing & Treatment Guidelines*, focusing on the ALTO section
- Review the *Using Alternatives to Opioids (ALTOs) in Hospital Emergency Departments Pre-Launch Checklists*
- Work with executive team to clearly identify goals and expectations
- Present to hospital Board of Directors as requested
- Identify appropriate ALTO Project team members:
 - ED Medical Director
 - ED Nurse Director
 - Pharmacy Director
 - Quality Improvement Champion
 - Communications and Marketing Director
 - IT/Data Support

Lessons Learned from Colorado

- Change is possible!!
- Collaborate – don't feel isolated
 - Reach out to other facilities, states
- Tell the “why”
 - Have all members take ownership of the opioid crisis
- Include patients when making decisions to manage pain
 - Opioid risks vs ALTO benefits

ALTO Approach

Lessons Learned from Colorado

- Partner with your marketing department for messaging to community
- Have a communication plan for within the facility
 - ALTO Approach
 - ALTOs will trickle to the inpatient side!
- Do the little things to ensure success
 - Prelaunch checklist
- Gather metrics to show if change is effective
- Share successes with department