

**Lynda Enos, RN, BSN, MS, COHN-S, CPE**  
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Ms. Enos is a certified occupational health nurse and certified professional ergonomist with over 30 years of work and consulting experience in industrial and health care ergonomics and safety with over 200 companies nationwide. She holds an undergraduate degree in nursing and a graduate degree in human factors/ergonomics from the University of Idaho.

Prior to working in occupational ergonomics, Ms. Enos worked as a nurse midwife, staff nurse in NICU, medical-surgical units, home health care, and nursing homes in the UK, and as a staff nurse in an 80-bed neurological rehabilitation hospital and as an operations manager for 5 outpatient clinics in the US.

Lynda is a thought leader, published author and international speaker on safe patient handling and mobility, healthcare ergonomics, and workplace violence with over 20 years of experience in these fields.

She has been a contributing author for several ergonomics, safe patient handling and mobility and workplace violence guidelines and standards including the American Nurses Association (ANA) Interprofessional Safe Patient Handling and Mobility Standards 2013 and 2021, the International Standards Organizations (ISO) standard 10535:2021 Hoists for the transfer of persons — Requirements and test methods, and the Joint Commission Workplace Violence Standards, 2021.

In 2017, Ms. Enos completed a 2-year project for the Oregon Association for Hospitals and Health Systems (OAHHS) that included helping 5 hospitals in Oregon to review their existing workplace violence prevention (WPV) programs, and develop comprehensive program plans to address WPV.

Assistance included completion of a comprehensive gap assessment, analysis of worker injury data and conducting staff surveys. Using lessons learned from this project and an extensive review of violence prevention literature, Ms. Enos developed a comprehensive toolkit for prevention violence in healthcare. The *“Oregon Workplace Safety Initiative Workplace Violence in Healthcare: A Toolkit for Prevention and Management”* was published in December 2017 and extensively updated in March 2020. The toolkit is available at <https://www.oahhs.org/safety>

Ms. Enos has since worked with several state-based hospital associations to conduct in-person and virtual WPV prevention workshops that are based on the Oregon WPV toolkit, for numerous healthcare organizations.

In 2019, Ms. Enos assisted the Oregon State Stabilization and Crisis Unit (SACU) to further develop their WPV prevention program for 23 group homes for adults and children.

Ms. Enos received the 2014 Ergonomics Professional of the Year Award from the Puget Sound Human Factors and Ergonomics society and the 2017 Advocacy Award for Safe Patient Handling awarded by the Tampa VA Research and Education Foundation and the Association of Safe Patient Handling Professionals.

She is an active member of several professional organizations including:

- American Association of Occupational Health Nurses (AAOHN)
- American Nurses Association (ANA)
- American Society of Safety Professionals (ASSP)
- The Association for Safe Patient Handling Professionals (ASPHP)
- Human Factors & Ergonomics Society (HFES)
- International Association for Healthcare Security and Safety (IAHHS)
- Institute of Industrial and Systems Engineers (IISE)