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# LEAD

PROGRAM FOR MANAGERS

Participants in the two-day LEAD Program for Managers will benefit from engaging facilitators and interactive discussions designed to help you navigate the complexities of your health care management roles. Through engaging talks, interactive discussions and activities, and networking opportunities participants will gain valuable strategies and skills to effectively overcome these challenges.

## **Spring Session**

Tuesday, April 28 and Wednesday, April 29, 2026  
Holiday Inn-University Avenue, 1188 Pineview Drive, Morgantown, WV 26505

## **Fall Session**

Tuesday, October 27 and Wednesday, October 28, 2026  
Charleston Marriott Town Center, 200 Lee Street East, Charleston, WV 25301

## **Audience**

Current and prospective mid-level managers and directors, nursing and allied health professionals working in hospitals, outpatient settings, EMS, and long-term care.

## **Overview**

Managers play a critical role in the success of health care organizations by bridging the gap between front-line staff and administrative leadership while developing strong teams that deliver exceptional patient care. Dedicated and competent managers and directors are vital to the retention of health care professionals. The mission of this program is to take a proactive approach to the development and support of managers and directors in the health care community.

**Cost:** \$495 per person.

## **Registration:**

### **Spring Session Fall Session**

Space is limited to the first 50 registrants. Registration will close once capacity is reached.

## **Event Contact**

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## **Program Objectives**

**Emotional Intelligence:** Identify emotional intelligence traits to enhance self-awareness and improve management skills.

**Improve Communication:** Explain how ego affects emotional intelligence, practice 5 EQ communication tactics, and create a personal development plan to improve leadership of patient care teams.

**Develop Leadership Skills:** Outline strategies to strengthen your leadership by balancing emotional impact with empathy, understanding energy levels, and leading with both head and heart to improve patient outcomes and team dynamics.

**Master Workplace Practices and Compliance:** Review and apply employer obligations regarding discrimination, harassment prevention, and legal requirements under the Family Medical Leave Act (FMLA), Americans with Disabilities Act (ADA), Pregnant Workers Fairness Act (PWFA), and other key workplace legislation to ensure safe and lawful patient care environments.

**Navigate Challenging Leadership Transitions:** Implement strategies to smoothly navigate challenging leadership transitions, for example, from peer to leader, and address common challenges in health care settings.

**Empower Personal Wellbeing:** Set boundaries with the empowered “no” and practice mindful listening to reduce stress, enhance wellbeing, and foster healthier relationships, while building resilience and a balanced mindset that supports both leadership growth and personal wellbeing.